Eagle Recreation

Activities Guide

Fall 2018



Trick or Treat
October 27th 4-6PM





GENERAL INFORMATION

ABOUT

The Town and Village of Eagle Recreation Department is committed to meeting the current and future community needs by offering a quantity of quality, safe, and affordable programs to all Town and Village of Eagle residents.

The Eagle Recreation Department was formed in 2002. It is funded by the Town and Village of Eagle. Since 2002, soccer and baseball have been enjoyed by more than 200 children per season. We have added flag football, golf, yoga, craft classes, senior events, tennis, crochet and knitting, basketball, family events, Red Cross courses, and much more! As our department continues to grow funding becomes more of an issue. We are constantly looking for ways to generate income. We greatly appreciate donations to our programs from residents and businesses. We are always trying our best to keep program costs low. Anyone interested in making a donation can contact our office at 262-949-4232.

The Town and Village of Eagle Boards govern the Recreation Department Committee. The Committee is comprised of one member from the Village Board, one member from the Town Board, one village resident, one town resident, and the Director of the Eagle Recreation Department. Their respective Boards appoint members. The Recreation Committee will be directly responsible for all Eagle Recreation decisions involving budget, expenditures of funds, policies, and programs offered by Eagle Recreation Department. The Eagle Recreation Department Committee will also be responsible for the direct supervision of the Recreation Director.

AMERICANS WITH DISABILITY ACT

The Town and Village of Eagle Recreation Department actively seeks and supports participation by persons with disabilities in our recreational programs and services. It is the policy of the Town and Village of Eagle Recreation Department that no person will be excluded from participation, denied any benefit, or subject to discrimination on the basis of race, color, national origin, age, sex, religion, handicap, and/or disability.

INCLEMENT WEATHER POLICY

Please be advised that if the Palmyra-Eagle School District is closed, the Recreation Department is closed. <u>You will not receive a phone call!</u> Watch on TMJ-Channel 4 and WISN-Channel 12 for the Recreation Department closing announcement!

RECREATION FEE

For those experiencing hardships and want to participate in recreation activities. Please contact the Eagle Rec office for possible alternatives.

SPECTATORS POLICY

In an effort to provide the safest environment for the Town and Village of Eagle Recreation Programs, spectators will be held to the highest level of conduct and behavior. Those who do not meet those standards will be asked to leave the site.

REFUNDS

Refunds will be made upon request of a registered participant up until the date of the scheduled class.

MINIMUM ENROLLMENTS

Programs that have not met their minimum enrollment will be canceled. Notification will be made as soon as possible. In the event that the class is canceled each individual will receive a full refund.

HOW TO REGISTER

Registrations begin now!

REGISTRATION MUST BE RECEIVED 2 WEEKS IN ADVANCE



REGISTER ONLINE!!!

You can now register online for all classes in this guide.

We are also accepting credit card payments online and in person!

http://www.vi.eagle.wi.gov/online-registration/



MAIL IN

Mail your form and payment to: Eagle Recreation PO Box 575 Eagle WI 53119



24-HOUR DROP BOX

~820 E Main St., Eagle WI~

A 24-hour drop box is located in front of the Village/Town Hall. Place your registration form and payment in a sealed envelope marked "Eagle Rec".

PAVILION RENTALS



The Eagle Town Park has a pavilion available for rent starting at \$50.00 (based on number of attendees), plus a security deposit. Renter's will have access to a kitchen and restroom facilities on site. Renters must supply all paper goods and garbage bags.



Eagle Village Park Pavilion Cheri at 262-594-3400

The Eagle Village Park has 2 pavilions available for rent for \$100 rental fee, plus \$100 deposit. Renter's will have access to both the large pavilion/shelter and the small pavilion, which holds the kitchen (no stove). There are restroom facilities on site. Renters are encouraged to supply their own additional toiletries and garbage bags.

2018 DISCOUNTED ATTRACTION TICKETS

- Ticket arrivals vary by vendor. See below.
- Ticket sales are final! No refunds or exchanges.
- 1st Come, 1st Served. Tickets can be mailed.
 Please allow 10 business days to receive.
- Checks or cash are accepted. Any returned check will be assessed a \$25 fee.
- Tickets will be sold until September 1st or when stock is depleted.
- Prices and terms are subject to change without notice.
- Purchase tickets in person at:
 Eagle Municipal Building, 820 E Main St.
 Eagle Recreation or Town of Eagle Offices

TICKET SALES END SEPTEMBER 1, 2018

Tickets are good through each of their respective 2018 seasons.

MILWAUKEE COUNTY ZOO—ADULT PASS	\$11.25	Ticket Sale Hours:		
MILWAUKEE COUNTY ZOO—CHILDREN 3-12	\$9.25			
MT OYLYMPUS WATER PARK	\$10.00	Monday—Thursday		
NOAH'S ARK WATERPARK	\$28.00	9am to 4pm		
SIX FLAGS -ANY DAY PASSES	\$50.25	Friday		
SIX FLAGS SEASON PASSES	\$83.75	9am to Noon		



Thank You Town of Eagle!

The boys and girls of the Mukwonago Lacrosse Club (MLC) would like to thank the Town of Eagle, for supporting us this past spring season.

The MLC is open to all boys and girls ages 3rd - 12th grade. Interested in learning the game of lacrosse?



www.mukwonagolacrosse.com





262-642-4700

TODDLER

CREATIVE CRAFTS

2-5 YEARS

INSTRUCTOR: Tammy Major

Parent and Child will participate in this class together.

Make creative crafts and little ones get to express their creative side. Crafts help your child develop patience, learn to follow direction, and problem solve. Children will design the craft of the week. Wear clothes you can get messy in!

Session 1: September 4, 18, 25 (no class September 11th)

Session 2: September 13, 20, 27

Time: 10:00-10:30AM

Location: Eagle Municipal Building, 820 E Main St.

Cost: \$13.00

Enrollment: Minimum 4, Maximum 10

GAMES DAY

2-4 YEARS

INSTRUCTOR: Tammy Major

Parent and Child will participate in this class together.

The right games can help boost your toddler's cognitive, physical, and emotional skills. So get your toddler ready for our game day!

Session 1: October 2, 16, 23 (no class October 9th)

Session 2: October 11, 18, 25

Time: 10:00-10:30AM

Location: Eagle Municipal Building, 820 E Main St.

Cost: \$13.00

Enrollment: Minimum 4, Maximum 10

MUSIC & MOVEMENT

2-4 YEARS

INSTRUCTOR: Tammy Major

Parent and Child will participate in this class together.

Did you know music and dance help children practice skills like: thinking, language, motor skills, and understanding emotions? Come join us! Kids will enjoy moving and groovin to songs and stories.

Session 1: November 20, 27; December 4

Session 2: November 8, 15, 29 (no class November 22nd)

Time: 10:00-10:30AM

Location: Eagle Municipal Building, 820 E Main St.

Cost: \$13.00

Enrollment: Minimum 4, Maximum 10

TODDLER TUMBLING

2 YRS & YOUNGER

INSTRUCTOR: East Troy Recreation **LOCATION:** 2015 Energy Drive, East Troy

Get ready to tumble! This parent/child open gym will start with a group warm-up and stretching then a quick introduction to the stations before our young gymnasts are off to perfect their skills! This is a parent/child open gym with obstacles and introductory gymnastics activities. Dress in comfortable clothing. Please no nylon, jeans, or clothing with zippers, belt buckles or jewelry. Long hair should be tied back.

Date & Time: Sun, September 16-October 7; 12:00-12:30PM

Date & Time: Thurs, September 24-October 19; 9:35-10:05AM

Date & Time: Sun, October 14-November 4; 12:00-12:30PM

Date & Time: Sat, October 27-November 17; 10:15-10:45AM

Date & Time: Thurs, November 5—November 26; 9:35-10:05AM

Cost: \$30.00

Enrollment: Minimum 4

Tumble, Flip, Roll

PRE-NASTICS

3-4 YEARS

INSTRUCTOR: East Troy Recreation **LOCATION:** 2015 Energy Drive, East Troy

We will focus on listening skills and body awareness to develop coordination, balance, and flexibility, and introduce your child to basic tumbling and gymnastic skills. What to wear: body suits or t-shirts with shorts or warms-ups and cotton socks. Please no nylon, jeans, or clothing with zippers, belt buckles or jewelry. Long hair should be tied back.

Date & Time: Sun, September 16-October 7; 12:45-1:25PM

Date & Time: Tues, September 24-October 16; 9:45-10:25AM

Date & Time: Sun, October 14-November 4; 12:45-1:25PM

Date & Time: Sat, October 27-November 17; 11:00-11:40AM

Date & Time: Tues, November 6—November 20; 9:45-10:25AM

Cost: \$32.00

Enrollment: Minimum 4

TODDLER / YOUTH

BASIC TUMBLING

5-10 YEARS

INSTRUCTOR: East Troy Recreation **LOCATION:** 2015 Energy Drive, East Troy

From butterflies to bunnies, forward rolls to straddle, rolls to bridges...participates will learn the basics with focus on creativity and skill building. What to wear: body suits or t-shirts with shorts or warms-ups and cotton socks. Please no nylon, jeans, or clothing with zippers, belt buckles or jewelry. Long hair should be tied back.

Date & Time: Sun, September 16-October7; 1:30-2:15PM

Date & Time: Sun, October 14-November 4; 1:30-2:15PM

Date & Time: Sat, October 27-November 17; 11:45AM-12:30PM

Cost: \$32.00

Enrollment: Minimum 4



\$AFE \$ITTER11+ YEARS

INSTRUCTOR: Tricia Harris, East Troy Rec **LOCATION:** 2015 Energy Drive, East Troy

Safe Sitter training prepares student in grades 6-8 to be safe when they are home alone watching younger siblings, or babysitting. Students learn life saving skills such as how to rescue someone whose choking and helpful information like what to do if there's severe weather. The lessons are filled with fun activities and role playing exercise. Student even get to us CPR manikins to practice CPR and choking rescue! Participants should bring a bag lunch.

Date & Time: Saturday, October 7; 8:30AM-3:30PM

Date & Time: Saturday, November 4; 8:30AM-3:30PM

Date & Time: Saturday, December 2; 8:30AM-3:30PM

Cost: \$62.00

Enrollment: Minimum 4, Maximum 8

INDOOR SWIMMING LESSONS

American Red Cross Swim Classes!!!

Students must bring a towel and swim suit. All student will receive a report card.

Instructor: Sara Geuder

Location: Quality Inn—2921 O Leary Lane, East Troy

Cost: \$50.00

BEGINNER

3-6 YEARS

Intro to getting comfortable going completely underwater floating on back independently swimming on front and basic water safety skills. Must be 3 by first day of class.

Date & Time: Wed, October 17-November 21; 3:45-4:15PM Date & Time: Thurs, January 31—March 7; 4:35-5:05PM

INTERMEDIATE/ADVANCED

3-6 YEARS

Must be able to demonstrate mastered beginning skills listed above. Intro to wall bobs, breath control, floating, and swimming independently on front and back as well as basic water safety skills. Must be 3 by first day of class.

Date & Time: Wed, October 17-November 21; 4:20-5:05PM Date & Time: Thurs, January 31-March 7; 3:35-4:30PM

RED CROSS LEVEL 1/LEVEL 2

1ST GRADE AND OVER

Intro to basic water skills: getting comfortable submerging, floating, and swimming on front and back, and basic safety skills.

Date & Time: Thurs, October 11-November 15; 3:34-4:30PM

Date & Time: Wed, January 30-March 6; 4:35-5:20PM

RED CRO\$\$ LEVEL 3/LEVEL 4 1ST GRADE AND OVER

Fundamental water skills: Must be able to demonstrate mastered level 2 skills, rhythmic breathing and independent

Date & Time: Thurs, October 11-November15; 4:35-5:20PM

Date & Time: Thurs, January 30-March 6; 3:45-4:30PM

ADULT

ZUMBA

15+ YR

INSTRUCTOR: Becky Teichmiller

ZUMBA® is a fusion of Latin and International music / dance themes that create a dynamic, exciting, and based on the principle that a workout should be "FUN AND EASY TO DO." All levels welcome!

Day: Tuesday

Session 1: September 18, 25; October 2, 9, 16 **Session 2:** October 30; November 6, 13, 20, 27

Time: 6:00-6:50pm

Location: Eagle Elementary School

Session Cost: \$30.00 (\$50.00 for both sessions)

Enrollment: Minimum 6, Maximum 12

OI GONG

17+ YR

INSTRUCTOR: Jeff Ponasik, 5 Element Fusion

QiGong is a self-healing system that aims to balance and simulate Qi, the life force of the body in order to promote healing, calm the mind, and increase spiritual awareness. The predominant objective of most QiGong styles is to enhance physical, emotional, and spiritual well being through mental concentration, breathing, movement, body position, relaxation, and philosophy.

Day: Thursday

Session 1: September 20, 27: October 4, 11, 18

Session 2: October 25: November 1, 8, 15, 29

(No class November 22)

Time: 5:30-6:30pm

Location: Eagle Elementary School

Cost: \$35.00 (\$60.00 for both sessions)

Enrollment: Minimum 6, Maximum 12



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TAI CHI FUNDAMENTALS

17+ YR

INSTRUCTOR: Jeff Ponasik, 5 Element Fusion

This gentle form of exercise can help maintain strength, flexibility, and balance and could be the perfect activity for the rest of your life. Each posture flows into the next without pause ensuring that the body is in constant motion. This class partners well with the Qigong class for a total tai chi experience.

Day: Monday

Session 1: September 17, 24: October 1, 8, 15

Session 2: October 29: November 5, 12, 19, 26

Time: 5:30-6:30pm

Location: Eagle Elementary School

Cost: \$35.00 (\$60.00 for both sessions)

Enrollment: Minimum 6, Maximum 12

YOGA

15+ YR

INSTRUCTOR: Becky Teichmiller

Come and learn how stretching and holding postures promote fitness, relaxation, and peace of mind. The Yoga poses are slowly moved into and held for a moment before stretching into another. All movements can be adapted to accommodate people of all levels and limitations.

Day: Tuesday

Session 1: September 18, 25; October 2, 9, 16

Session 2: October 30; November 6, 13, 20, 27

Time: 7:00-7:50pm

Location: Eagle Elementary School

Session Cost: \$30.00 (\$50.00 for both sessions)

Enrollment: Minimum 6, Maximum 12

NEEDLE NUTZ

18+ YR

If you enjoy playing with needles and running with scissors, consider joining us for some fun, making new friends, finding help with needle projects and preparing to laugh a lot! The Needle Nutz are a loose group who would welcome you into our fold. Do you like to knit, crochet, weave, quilt, appliqué, cross stitch, tat, hook, punch needle, etc., then this is the group for you.

Day: Tuesday—2ND & 4TH, every month

Time: 9:00-11:00am

Location: Eagle Municipal Building

Jerry Heckel

Lori Heckel

ADULT

TOENAIL CLINIC 17+ YR

TECHNICIAN: Debbie Scullin, R.N.



Taking care of your feet are crucial when you have chronic conditions. It also needs to be handled with care. Our technician see's a variety of patients and has years of experience. She will begin by soaking your feet, trimming your toenails, and a soothing foot massage. **Reserve your time slot today!**

Session 1: September 13; 9:00-10:30AM

Session 2: October 11; 10:00-11:30AM

Session 3: November 8; 9:00-10:30AM

Session 4: December 13; 10:00-11:30AM

Location: Eagle Municipal Building, 820 E Main St

Session Cost: \$15.00 (Bring your own towel)

MEN'S BASKETBALL

17+ YR

INSTRUCTOR: John Pesz/Matt Stich

Men's only basketball league, to get you out and moving.

A friendly and fun way to meet other local guys once a week to

play basketball. NOTE: Time Change to 6:30PM

Day: Thursday

Date & Time: September 13, 20, 27

October 4, 11, 18, 25

November 1, 8, 15, 29 (no game 22nd)

December 6

Time: 6:30-7:30pm

Location: Eagle Elementary School

Session Cost: \$15.00

Enrollment: Minimum 6, Maximum 12





262-363-3085

1015 Main Street



Mukwonago, WI 53149











FINANCIAL

RW BAIRD FINANCIAL STRATEGIES—ROTH VS. TRADITIONAL IRA/401K

17 + YR

INSTRUCTOR: Melissa Sanchez, CFP

LOCATION: Eagle Municipal Building, 820 E Main St.

COST: FREE

PLEASE RSVP TO 262-949-4232 OR EAGLERECREATION@TOWNOFEAGLEWI.US

All Seminars are complimentary! Light Snack too!

Melissa Sanchez, an expert financial advisor, welcomes all skill levels to join her for an enjoyable night of light hearted financial discussion about Roth vs. Traditional IRA/401K.

Come and learn the difference between the two types. Listen to the factors that you need to consider when choosing either. And what are the tax consequences of each. After the presentation, there will be time for discussion and questions.

Dates: October 2, 2018

Time: 6:00-7:00PM

OR

Dates: November 7, 2018

Time: 6:00-7:00PM





Imagine Getting Some Time Back

You manage a lot and you do it well. But there's nothing wrong with delegating what you know you can. We can help ensure your financial decisions provide the peace of mind you deserve.

Melissa Sanchez

262-523-5682 msanchez@rwbaird.com

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ELECTION DAY

TUESDAY, NOVEMBER 6, 2018

7AM-8PM

EAGLE MUNICIPAL BUILDING 820 E MAIN ST, EAGLE WI

Eagle Historical Society Election Day Bake Sale

November 6, 2018 Municipal Building 7:00 AM until sold



There are many sponsors throughout this guide. Please help support their businesses!



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PARTICIPANT REGISTRATION FORM

Eagle Recreation

PO Box 575, Eagle WI 53119



Last Name				Mother's Name & Phone Number					
Address City, State, Zip			Fat	Father's Name & Phone Number Home Phone Number					
			Hoi						
Email address(s)			Em	Emergency Contact Name & Phone Number					
Are there any sp	pecial need	s or aller	gies we should be aware o	of (please list	here):				
уоитн s	PORT SHIRTS	SIZES:	YOUTH: YXS, YS, YM, YL, YXL	ADULT: AS. /	AM, AL, AXL, A2XL, A	3XL			
Participant Name	Age	Grade	Activity Name		Date/Time	Shirt Size	Fee		
					TOTAL AMOUNT DUE				
Payment Method:	_Check _	Cash	Credit Card						
Make Checks payable to	: Eagle Rec	reation, I	PO Box 575, Eagle WI 531	119					
24 Hour Drop Box: Eagle	Municipal	Building	820 E Main St, Eagle						
Credit Cards: GOV PAY	https://wv	ww.govpa	aynow.com/gps/user/plc/	<u>a001ex</u> The	re are convenien	ce fees for se	rvice.		
activity(ies). I am aware of ar Village of Eagle do not provide	/legal guardia nd understand e accident ins	in of the ab I that there surance and	ove named child(ren), hereby g may be potential risks involve I cannot assume any responsib gle and its officers, employees,	d with participat ility for injury to	tion in any activity, a any participants in it	nd that the Tow s recreation pro	n and/or		
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